

Week 4

Frontrunn3rs – <http://fr3.frontrunners.dk>

Day 1

All frontrunners and danish students caught the bus to an unknown destination. As we were curious, we kept asking Filip several times where we were going but he didn't tell and kept it secretly. Reached the place we were separated in four teams. The first team started to walk and after every 5 minutes the rest of the teams did too. During the walk we explored the natural beauties of Denmark, and in the trip different games and activities were also included. When we reached our destination we were tired and hungry. If we wanted to eat we would have to go for fishing.

It was a really good experience as some of us never tried that in the past. But yet we did it! After the fishing we grilled our food. When we finished our dinner, we had a social evening. Accommodation was provided. We thought it was a building, but we saw an open wooden house. This meant that we had to sleep outside, but fortunately sleeping bags were given.

Day 2

After having breakfast, we strided quite long, and sometimes the walking was broken by good games. The aim was that our team should be able to be stronger. At last, after a long walking trip we reached the place where the bus took us to Castberggaard. We felt that we got a lovely memory and good experiences. Quite tired we relaxed and enjoyed warm chocolate, and went to bed afterwards.

Day 3

Today the lecture of Filip started. He explained us the reasons which got us to the last 2-day trip. After finished the explanation, he showed us the pyramid of needs. It means what we need to cover for our survivor. The first level of pyramid includes food, drink, sleep etc. These needs are significant because if we do not have these, we would be unable to live. We are able to survive without the needs of the second level. The third one is the least important, we are absolute able to live without the needs of this level. An instance on this is if a student is tired, then he can't be focused in the course. And if he has eaten and relaxed, it would help him to focus better and therefore the learning would be easier. Filip wanted us to experience it because through this way, we would be thinking only of ourselves and not of the team. After the lecture Filip gave us one more project. He told us to create movies. So, we were separated again in three teams. We discussed until late at night about the theme in our movies.

Day 4

We spent all day filming and cutting our movies.

Day 5

Today we were working again on our movies until 12 am. At this time all Frontrunners and Danish people were gathered in our class. Well gathered we watched the movies

which we created. We ourselves were both proud and impressed, and the spectators were also impressed. Everybody enjoyed the movies and were laughing. Afterwards in our spare time we had sport or social talk in our spare time.

Day 6

On Saturday we went with the bus to Aarhus, a big and beautiful city. Some of us explored the town, and the rest were ready for shopping!!!! At 14:00 o'clock we were gathered again with many danish deaf and hearing people in a place. We participated in a demonstration for recognition of danish Sign Language. Everybody were advised to wear black clothes. We demonstrated from the roads of Aarhus to deaf school. After finished the campaign, we came back in Castberggard. At the evening we were free to do anything.

Day 7

On Sunday some of us slept late. We spent our free day relaxing, sporting, signing etc...